RERI NOOR AMELIA

**The Effectiveness of E-Booklet and Lectures to Increase Overweight Adolescents’ Nutritional Knowledge**

*Efektivitas E-Booklet dan Ceramah untuk Meningkatkan Pengetahuan Gizi Remaja Overweight*

Uji normalitas data pretest dan post test pengetahuan gizi

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Tests of Normality** | | | | |
|  | Shapiro-Wilk | | |
| Statistic | df | Sig. |
| Pretest booklet | .925 | 32 | .228 |
| Pretest lectures | .961 | 32 | .299 |
| Post booklet | .968 | 32 | .437 |
| Post lectures | .964 | 32 | .353 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Test of Homogeneity of Variances** | | | | |
|  | Levene Statistic | df1 | df2 | Sig. |
| Pretest ebooklet with lectures and pretest lectures only | 1.998 | 2 | 93 | .633 |

Uji Beda (Paired T Test) data pengetahuan gizi

* Pengetahuan Gizi

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Paired Samples Statistics** | | | | | | | | | |
|  | | | Mean | N | | Std. Deviation | | Std. Error Mean | |
| Pair 1 | Pretest booklet | | 56.4375 | 32 | | 13.57402 | | 2.39957 | |
| Post booklet | | 70.5000 | 32 | | 13.30292 | | 2.35165 | |
| Pair 2 | Pretest lectures | | 51.5000 | 32 | | 11.53676 | | 2.03943 | |
| Posttest lectures | | 59.5625 | 32 | | 14.42654 | | 2.55028 | |
| **Paired Samples Correlations** | | | | | | | | | | |
|  | | | | | N | | Correlation | | Sig. | |
| Pair 2 | | Pretest booklet & post booklet | | | 32 | | .597 | | .000 | |
| Pair 3 | | Pretest lectures & post lectures | | | 32 | | .541 | | .001 | |